# Questionnaire on registered nurses’ self-reported competence enhancement from participating in a palliative care network.

This is a survey of resource nurses in cancer and palliative care in various local networks in the South-Eastern Norway Regional Health Authority. The survey is part of a master’s degree thesis in nursing – clinical research and development at Oslo Metropolitan University. Participation in the survey is voluntary, but your manager must give you permission to spend 10–15 minutes completing the form. All information will be treated confidentially, and it will not be possible to identify individuals or workplaces in the completed article.

## First of all, I would like to know a little about you:

### Are you a registered nurse?

1. Yes 0. No

How old are you?

1. 21-30 years
2. 31-40 years
3. 41-50 years
4. 51-60 years
5. 61 years or older

### Where do you work?

1. In a hospital/the specialist health service
2. In the community nursing service
3. In a health/care institution at the primary care level
4. Other

Give a brief description of your workplace: ...................................................................

### How many years of clinical practice would you estimate you have had with seriously ill and dying patients?

State the approximate number of full years: \_\_\_

### Have you specialised in cancer, palliative care or graduated in any other kind of clinical specialism?

1. Yes, cancer and/or palliative care
2. Yes, other clinical specialism but not at master’s degree level
3. I have a master’s degree in cancer/palliative care

3. I have a master’s degree in subjects other than cancer/palliative care

4. No, I have no such specialism

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### Do you have the role of resource nurse/contact nurse at your workplace?

1. Yes 1. No

### How long have you participated in the network?

0. Less than 1 year 1. More than 1 year. State approximate number of years: \_\_\_

Which of these statements best describes your participation in group sessions/clinical practice days in the time you have been a member?

1. I have participated in all the group sessions
2. I have participated in most of the group sessions
3. I have participated in about half of the group sessions
4. I have participated on rare occasions
5. I have never attended a group session

### Have you signed a role description/other agreement with your manager regarding your role as a resource nurse?

1. Yes
2. No

### Have you taken part in staff exchange training for one day or more at the local palliative unit in your hospital?

1. Yes 1. No

Have you taken part in staff exchange training for one day or more in another unit in your network? (For example, community nursing service, palliative care unit in a nursing home…)

1. Yes 1. No

## Tick the response that is most applicable to you

### 

### I have regular instruction for colleagues at my workplace on topics related to palliative care

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### I regularly supervise colleagues in specific situations as they encounter patients and their families

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### I am happy to contact other members of the network to ask for advice/guidance in my work (other than interaction regarding a patient we both care for)?

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

## All in all, to what extent do you believe the network has helped you acquire the competence you need to fill the role of resource nurse for patients, families and colleagues ?

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

## Tick the response that best describes the degree to which participation in the network has meant that you have

### Knowledge about relevant legislation, rights and duties when meeting people in need of palliative care

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Knowledge about family needs in the case of serious and life-threatening illness

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Knowledge about the different palliative care provisions

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Knowledge about how to pass on skills to colleagues (for example, presentation techniques, supervision methods)

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Knowledge about medication/drugs-based relief of different symptoms in seriously ill and dying patients

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Tick the response that best describes the degree to which participation in the network has enabled you to

### Talk to seriously ill and dying patients and their families

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Perform systematic symptom assessment in a patient

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Supervise own colleagues in specific patient/family situations

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Teach your own colleagues

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Perform clinical/technical procedures, such as care of VAP, PICC line, Spinal catheters, PleurX (drainage of ascites/pleural infusions through established access)

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Identify, reflect on and discuss ethical dilemmas in practice

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Find and apply new and relevant research

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Coordinate services in interaction with other levels such that patients and their families experience a sense of safety and continuity

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

## Tick the response that best describes the degree to which participation in the network has helped you to

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### Contribute actively to clinical decisions vis-à-vis patients in need of palliative care

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Pay attention to your own behaviour and reactions in the encounter with seriously ill and dying patients

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Use tools and guidelines recommended in the network, such as ESAS, Individual Plan, Final days of life plan, Four medications for the final stage of life.

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

### Contribute actively to interdisciplinary cooperation and interaction across health service levels

**1 2 3 4 5**

**Not at all To a small extent To some extent To a great extent To a very great extent**

## To what extent are these teaching/learning methods used in your network:

### Lectures

**1 2 3 4 5 6**

**Not at all To a small extent To some extent To a great extent To a very great extent Don’t know**

### Group work without a leader

**1 2 3 4 5 6**

**Not at all To a small extent To some extent To a great extent To a very great extent Don’t know**

### Case discussions

**1 2 3 4 5 6**

**Not at all To a small extent To some extent To a great extent To a very great extent Don’t know**

### Role play

**1 2 3 4 5 6**

**Not at all To a small extent To some extent To a great extent To a very great extent Don’t know**

### Simulations

**1 2 3 4 5 6**

**Not at all To a small extent To some extent To a great extent To a very great extent Don’t know**

### Digital learning tools apart from network group sessions (for example, e-learning courses, broadcast video lectures, chat forums)

**1 2 3 4 5 6**

**Not at all To a small extent To some extent To a great extent To a very great extent Don’t know**